



December

ThinkHealth News 2024

Software Thinking and Standing with You



Agency Events and News

Time Management 1 Day Workshop in Norman, OK

Personal time management skills are essential for professional success in any workplace. Those able to successfully implement time management strategies are able to control their workload rather than spend each day in a frenzy of activity reacting to crisis after crisis - stress declines and personal productivity soars!

[Click Here for More Information](#)



Harmony in Haute: A Showcase for Mental Health

Join us on May 25th, 2024, at Ilkaa's Fine Art Gallery for a Mental Health and Wellness celebration, featuring a diverse fashion show, expert mental health panel, live music, food, drinks, and pop-up shopping. Dress in garden party attire and enjoy an evening of inspiration and self-care.

[Click Here for More Information](#)

Tulsa Leadership Secret: How To Avoid Costly Hiring Mistakes?

This event teaches managers and business owners how to build effective, high-performing teams by improving their hiring skills and avoiding costly mistakes. It covers practical techniques for attracting the right candidates, identifying red flags, and conducting effective, legally compliant interviews to ensure the right fit for each position.

[Click Here for More Information](#)



Cleveland - Time Management Secrets - For Busy Professionals Just Like You!

This class goes beyond traditional time management by focusing on the emotional and psychological factors that impact productivity and time management. It offers practical strategies to overcome procrastination, improve focus, and effectively delegate tasks, helping you achieve greater success in both personal and professional life.

[Click Here for More Information](#)



Customers Hot Topic

ThinkHealth is Proud to be Attending the Momentum Conference

ThinkHealth will be there! On December 4-6, we will be at the conference! Stop by our booth to grab some goodies and learn more about us!

**Location: Embassy Suites Convention Center Hotel
In Norman, OK**



Billing complexities shouldn't stand in the way of your practice's success. **ThinkHealth** is here to guide you through unlocking the full potential of billing with Medicare, Medicaid, and private insurance effortlessly.

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NEWSLETTER HIGHLIGHTS

Historic Griffin Hospital campus could become homeless shelter in TIF district

A proposed homeless shelter on the Griffin Hospital campus in Norman could be part of a new TIF district, including Sutton Wilderness and soccer fields, with CityCare managing the shelter starting in January. The plan aims to address homelessness and mental health issues, as Griffin Hospital moves its psychiatric services to the new Donahue Behavioral Health Facility. The City Council will vote on the proposal on November 26.



[read more here.](#)



Mental health resource reopens in west Columbus

Netcare Access' Miles House in Columbus, Ohio, has re-opened after renovations. Serving central Ohio for nearly 50 years, the facility provides short-term residential treatment for individuals struggling with mental health and addiction issues. Carl Millender, a former resident, shared how Miles House helped him regain stability after losing his business and home. The program offers individual counseling, group therapy, and support with resources like housing and government assistance. The house has recently upgraded its common areas and can accommodate up to nine clients. Florence Arinaitwe, a team lead with 10 years at Miles House, expressed her joy in helping clients rebuild their lives. Miles House is an important resource for those referred by Netcare's Crisis Stabilization Unit or local hospitals.

[read more here.](#)



Mark Your Calendar

December 5

[International Volunteer Day](#)

December 7

[Pearl Harbor Remembrance Day](#)

December 15

[Bill of Rights Day](#)

December 16

[National Underdog Day](#)

December 21

[Winter Solstice](#)

December 25

[Christmas](#)

December 31

[New Year's Eve](#)



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